



PIKA TRIPS AND TRAINING CALENDAR

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PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

MESSAGE FROM OUR PRESIDENT

Hello everyone, welcome to our 2026 calendar.

PIKA is a team of passionate volunteers who have come together to produce this calendar. Our trips cover everything from easy lake paddles to tackling the surf in Tofino. This year we have 55 trips: day trips, weekends and trips of a week duration or more.

The number of participants on a trip may be limited, so sign up early. Consult the PIKA trip classification system on page 4 to determine if a trip is suitable for you. Discuss your skills with the facilitator if necessary. The *method* of signing up for a trip is outlined on page 3.

There are no "drop in" trips. You *must* contact the designated facilitator by the signup date given in the trip description. Make sure you get a confirmation from the facilitator when you sign up.

Remember, a trip must have a minimum of three participants (facilitator plus two more) for safety, including ability to respond to emergency situations. To participate in a trip, you must be a PIKA member and be current with the prerequisite skills indicated by the trip classification.

Besides our trips, we offer a variety of training opportunities, including our full program re-entry clinics. PIKA members are required to practice re-entries every year to be eligible to join PIKA trips. We are again offering outdoor re-entry clinics in May to allow members to practice their solo and assisted re-entries.

Our re-entry clinics are modelled on Paddle Canada re-entry and rescue clinics & cover the latest re-entry techniques. By attending one of these clinics, you satisfy the PIKA annual requirements until May 31, 2027. There is no charge for the re-entry clinics for PIKA members.

We have added an opportunity to get your re-entries done in September and to cover requirements until Sept. 31, 2027. Please plan to attend one of the re-entry clinics listed in the calendar's Training section; you cannot join a trip without current club-documented re-entries.

This calendar is subject to change as trips are added or re-scheduled during the paddling year. Download the latest version from the PIKA website.

We look forward to paddling the BC Coast in 2026; come join us.

See you all out on the water.

John Bakker, President



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HOW TO SIGN UP FOR A TRIP

When you select a trip to sign up for, ensure that your skills meet the trip's PIKA classification. The facilitator may not allow you on the trip if they feel that you don't meet that classification. For the required equipment for a trip, see [Paddler Guidelines](#).

When you sign up, you are making a commitment that matters. Out of respect for the facilitator and your fellow participants, kindly sign up only for trips that you definitely intend to join.

To sign up for a trip, contact the facilitator by email on or before the sign-up date specified in the trip description and provide the following information. The preferred way to submit this data is by using the PIKA float plan participant data spreadsheet found on the [Documents](#) page.

- Your name
- Number of years of paddling experience or your Paddle Canada or equivalent skill level
- Name of manufacturer of your kayak and its colour
- Your cell phone number
- Emergency contact name and phone number
- Your vehicle's manufacturer, model, colour and license plate number (or driver's name if carpooling)
- Your MMSI number if you are bringing a VHF radio

In the body of the email include medical issues that the facilitator needs to be aware of. The facilitator then sends you detailed information about the trip.



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TRIP CLASSIFICATION SYSTEM

PIKA applies the classification system described below in its calendar to indicate the expected skills/degree of difficulty (1-4) and distance involved and physical effort necessary (A-D) for a trip.

A trip classification is set by the most difficult and most strenuous part of the trip. It does not take into account changes in sea conditions or weather which may change trip classification unexpectedly.

For the required equipment for a trip, see [Paddler Guidelines](#).

TRIP CLASSIFICATION and PREREQUISITE SKILLS	A–Not Strenuous •Less than 3 hours per day •Less than 6 nm •Sheltered spots	B–Moderately Strenuous •3 to 5 hours per day •6 to 10 nm •Some sheltered spots	C–Strenuous •5 to 6 hours per day •10 to 15 nm •Infrequent sheltered spots	D–Very Strenuous •More than 6 hours per day •More than 15 nm •Few or no sheltered spots
1–Easy •Minimal paddling skills •Assisted re-entry skills •Protected inland waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	↓ → 1A	↓ 1B	↓ 1C	↓ 1D
2–Moderate •Basic paddling, able to brace •Self/assisted re-entry skills •Sheltered/partly-sheltered coastal waters •Moderate wind effects •Weak to moderate current •Easy to moderate landings	→ 2A	2B	2C	2D
3–Difficult •Good paddling, sea skills •Self/assisted re-entry skills •Open coast, exposed water, crossings and swells. •Moderate to strong wind effects •Moderate to strong current •Surf and difficult landings	→ 3A	3B	3C	3D
4–Very Difficult •Advanced paddling and sea skills •Self/assisted re-entry and rolling skills •Strong individual paddler •Long open crossings •Exposed coast •Turbulent water, chop •Strong wind effects, large swells •Strong current •Surf and difficult landings	→ 4A	4B	4C	4D

YOU ARE RESPONSIBLE FOR YOUR OWN SAFETY ON ALL TRIPS. Make sure you have the skill level, the physical strength and endurance and the right equipment. Do not go out in conditions that you are uncomfortable with. Kayaking conditions are variable and contain unpredictable elements that make any attempt to grade inexact.



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JANUARY Trips

You must be a PIKA member for 2026 to participate in trips in this calendar.

Thursday January	2B	English Bay Polar Bear Swim New Year's Day	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
1	Launch: Jericho Beach Kayak Centre. On the water: 1pm. Every year crowds gather to participate and watch hundreds of brave souls in swimsuits and funny costumes celebrate the new year. We paddle to English Bay to view 2:30pm Polar Bear Swim. Return to Jericho approximately 3:30 pm Parking in lot is about \$3 an hour, or you can unload close to beach in parking lot and then find street parking which is only \$1 an hour and a 5-to-10-minute walk, (depending on where you park), back to the launch point. Wetsuit or drysuit required. Sign up by Sunday, Dec 28, 2025 and include your float plan information. ➔ You must be a PIKA member for 2026 to participate in this trip.		
Saturday January	2B	Crescent Beach to White Rock	Facilitator: Bruce Fisher brufish2@gmail.com
31	Launch: Target Street near Blackie Spit. On the water: 10am. Paddle time: about 4 hours return, including lunch. Paddle down to the pier in White Rock for lunch on the beach. Bring lunch and beverage. Wetsuit or drysuit required. Sign up by Tuesday, January 27 and include your float plan information.		



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FEBRUARY Trips

**Saturday
February**

1B

Cultus Lake

Facilitator: Bruce Fisher
brufish2@gmail.com

7

Launch: Jade Bay. On the water: 10am.

This paddle is a relaxing circumnavigation of Cultus Lake.

We explore the nooks and crannies, paddle past the beautiful waterfront "cabins", stop for a lunch about half way before continuing around the lake. This is a **leisurely 3-to-4-hour excursion** depending on how long we take for lunch.

Sign up by Tuesday, February 3 and include your float plan information.

**Saturday
February**

2A

Ladner Sunset

Facilitator: Brenda Viala
brenda.bjboo@gmail.com

28

Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 5pm.

Join us for a relaxing sunset paddle within Ladner Reach. The sun sets at 5:54 pm. Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. Some may choose to enjoy an early dinner at Speed's Pub prior to our paddle.

Tides - Low 9:48 am - 11.2' High 2:05pm - 13.01'

Wetsuit or drysuit required. Working deck light is mandatory.

Sign up by Tuesday, February 24 and include your float plan information.



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MARCH Trips

Saturday March 7	2B	Deep Cove to Silver Falls	Facilitator: John Bakker jbakker042@gmail.com
Launch: Deep Cove. On the water: 10am Paddle up the west side of Indian Arm to Thwaytes Landing for lunch. We continue along the west shore as far as Silver Falls. Upon return we cross over to the Buntzen power station and then follow the shoreline to Twin Islands for a break. From Twin Islands we paddle across to Raccoon Island before crossing back to the west side of Indian Arm to return to Deep Cove. Total length 10 nautical miles. Expected return 4pm. Remember to bring a lunch and water. Wetsuit or drysuit required; expect cold conditions. Sign up by Tuesday, March 3 and include your float plan information.			
Sunday March 8	2B	Jericho - bell buoy - secret beach UBC	Facilitator: Ted Lam tedlam1011@gmail.com
Launch: Spanish Banks West concession. On the water: 9am. Paddle to the open water of English Bay, go around the red bell buoy. Stop on secret beach below UBC to have a light BBQ, bring your own food source. Prepare for challenging sea conditions (0.5m side waves and 6 knot rear wind), intermediate level, assisted rescue ability a must. Distance 10 nautical miles. Back by 3pm. Drysuit or wetsuit required. Sign up by Wednesday, March 1 and include your float plan information.			
Sunday March 15	3C	Ladner to Steveston	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 10am. Paddle to Steveston for lunch. Bring lunch and drink...something warm would be a good idea. Wetsuit or drysuit required. Back about 3:30 pm. Sign up by Wednesday, March 11 and include your float plan information.			
Saturday March 21	2B	Belcarra to Twin Islands	Facilitator: Debbie Scott debbie6028@gmail.com
Launch: Belcarra Park. On the water: 10am We paddle up the east side of Indian Arm into Bedwell Bay, follow the shore to Twin Islands and have a lunch break. If time allows, we may go to Deep Cove for a break before returning to Belcarra. Length approximately 10 nautical miles. Return about 4pm. Wetsuit or drysuit required. Signup by Tuesday March 17 and include your float plan information.			



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MARCH Trips

Sunday March 22	1B	Upper Burrard Inlet	Facilitator: Philip Kubik philroku@gmail.com
Launch: Cates Park, North Vancouver. On the water: 9am. Paddle in upper Burrard Inlet from Cates Park to Shoreline Park, Port Moody (at the head of the inlet) and back. 10 nm. Bring water and lunch. Wetsuit or drysuit and winter paddling clothing, including neoprene gloves or pogies and a warm hat, required. Sign up by Wednesday, March 18 and include your float plan information.			
Saturday March 28	3C	Westham Island Circumnavigation	Contact: Pat Jones 1roughcutdiamond@gmail.com
Launch: Wellington Point, 3653 River Road West, Ladner. On the water: 10am. Learn where all the ducks hide from the hunters. Wetsuit or drysuit required. Bring snacks/lunch and water. Minimal opportunities to get out of kayak. Approx. 4 hours. Sign up by Tuesday, March 24 and include your float plan information.			
Sunday March 29	2B	Stave Lake	Facilitator: James Jordan jjmjordan51@gmail.com
Launch: Stave Lake BC Hydro Boat Launch. On the water: 10:30am Paddle up the lake to Lone Tree Island, maybe further if everyone is up to it. Wetsuit or drysuit needed as the water is refreshingly cool. As required with all trips, lunch and suitable liquid refreshment is to be brought along. Sign up by Wednesday, March 25 and include your float plan information.			



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APRIL Trips

Wednesday April 1	2A	Wigeon Creek with Hike to Falls	Facilitator: Kathy Futchter kfutcher1@gmail.com
Launch: Grant Narrows. On the water: 9:30am. Paddle across end of Pitt Lake and then up the sheltered waters of Widgeon Creek to campsite. Can be some current to cross. If you wish to hike to the falls, bring hiking shoes and layered clothing. Bring a lunch and hot drink. Paddle time approximately 45 minutes each way. The hike takes approximately 2 hours return. Wetsuit or drysuit required. Sign up by Saturday, March 28 and include your float plan information.			
Friday-Sunday April 3-5	2B	Alouette Lake Easter	Facilitator: Michelle Vandenbroek mich_broek@hotmail.com
Launch: Alouette Lake Boat Launch. On the water: 10am. What a great way to start the camping season. This beautiful lake is easy to get to and offers great views of snowy mountains. The campsite where we will stay for 2 nights, is about a 5nm paddle. The site has a pit toilet and picnic table but not a food cache. On Saturday we can paddle to the end of the lake for lunch and back. We head back on Sunday morning around 10am. Wetsuit or drysuit is required. A backcountry camping pass is required. Also, backcountry camping experience at low temperatures. Sign up by Friday, March 27 and include your float plan information.			
Saturday April 11	3D	Porteau Cove to Tantalus Landing	Facilitator: Ted Lam tedlam1011@gmail.com
Launch: Porteau Cove. On the water: 9am. Paddle north, toward Squamish, with views of spectacular waterfalls and snow-capped mountain-tops. Prepare for challenging high wind conditions and very choppy water, intermediate level long-distance trip. Assisted rescue ability a must. Distance 18 nautical miles. Back by 4pm. Drysuit or wetsuit required. Sign up by Saturday, April 4 and include your float plan information.			



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APRIL Trips

**Saturday-
Sunday**

2C

**Chilliwack Lake Paddle
Lindeman Lake Hike**

Facilitator: Doug Childress
doug_childress@hotmail.com

April

18-19

Launch: Chilliwack Lake Provincial Park. On the water: 10:30am

Launch from the beach with parking and washroom at the site. Parking is at a premium so don't be late!

Paddle the length of the lake which is approximately 12 nautical miles return. We spend some time investigating Chilliwack River at the south end of the lake.

Wetsuit or drysuit required. This lake is very cold. Bring lunch, drinks and snacks.

We camp the night of the 18th. On the 19th, we leave our kayaks on some of the vehicles in the campsite for security reasons and take my car which seats 8 to the trail head for the hike up to Lindeman Lake. Return distance approx. 7km with an elevation gain of 230M. Wear appropriate footwear for the conditions which could be slippery at this time of the year.

Sign up by Tuesday, April 14 and include your float plan information.

**Saturday-
Wednesday**

3B

**Quadra Island
Surge Narrows
Current Practice**

Facilitator: Doug Childress
doug_childress@hotmail.com

April

**25-
28**

This is a camping, paddling trip. Recommended camping is at the beautiful We-Wai-Kai campsite with tent sites; price from \$33.00 for two tents up to \$65.00 Waterfront, eastern shore (max 4 people again for tents. Power and full hook up is available at \$58.00 plus tax, all prices are per night. These rates are for 2025; 2026 fees aren't published yet). There is an abundance of trees for tarping. Heriot Bay is minutes from this campsite. Other lodges or cabins are available as well.

On the water from Hoskyn boat launch (2 minutes from the turn off to Discovery Lodge), at 07:30 on April 26th, with the turn at 07:44 flooding to max at 10:48 of 6 knots decreasing to the turn at 13:52. We can then try our hand in the ebb current for the next half hour or so.

On the 27th again from Hoskyn launch, on the Water at 8am transitioning from an ebb turn at 08:32 building to 6 knots max at 11:45, returning to Hoskyn after lunch.

We have enough support paddlers to provide advice and assistance. However, this is **not** a PIKA training clinic. Our goal is to gain experience in current perhaps more than participants have experienced in the past, gaining confidence along the way and enjoying the experience of surfing the standing wave. Participants may stop or take five if they wish at anytime. Some that participated in the Mayne Island trip will get the opportunity to practice in slightly more current.

Should anyone wish to depart after the session on April 27th they may. The drive from Hoskyn to the Quadra island ferry is approximately 50 minutes, traffic dependent.

Immersion gear and **helmets** are mandatory. Lunch, snacks and hot drinks should be brought with you in your kayak. There are multiple places to stop for lunch.

Sign up by Tuesday, April 21 and include your float plan information.



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MAY Trips

Saturday May 16	3C	Spanish Banks to Eagle Harbour	Facilitator: Ted Lam tedlam1011@gmail.com
Launch: Spanish Banks West concession. On the water: 9am. Paddle across English Bay toward Lighthouse Park, 6.5 km or 3.5 nautical miles. Stop at Eagle Harbour for lunch, bring food and drink. Prepare for challenging sea conditions (strong rear wind and choppy water on the way back), intermediate level. Assisted rescue ability a must. Long crossing distance. Distance: 11 nautical miles. Back by 4pm. Drysuit or wetsuit required. Sign up by Saturday May 9 and include your float plan information.			
Monday May 18	2C	Alouette Lake	Facilitator: Kathy Futchter kfutchter1@gmail.com
Launch: Alouette Lake Boat Launch. On the water: 10am. Paddle to the Narrows for lunch. Bring lunch and hot drink. Estimate 4 pm return. 12 nautical miles. Drysuit or wetsuit required. Sign up by Thursday, May 14 and include your float plan information.			
Friday-Sunday May 22-24	2B	Thormanby Island	Facilitator: Michelle Vandenbroek mich_broek@hotmail.com
Thormanby is such a gem with its sandy beaches and interesting shore lines. Friday: We take an afternoon ferry from Horseshoe Bay to Langdale and launch at Halfmoon Bay. After about 5nm of paddling we arrive at our campsite. Camping is first-come first-serve and free of charge at the sandspit between North and South Thormanby. There is a small number of sites with picnic tables and hammock options. There are outhouses. Saturday: after a short portage, we can circumnavigate South Thormanby (about 8nm) or walk around North Thormanby. Sunday: after a visit to Smuggler Cove, we head back and catch an evening ferry. Ferry reservations have been made and will be distributed to the drivers. Wetsuit or drysuit is required. Sign up by Friday, May 15 and include your float plan information.			
Sunday May 24	2D	Pitt Lake	Facilitator: Jonas Lindgren jonas@piccolosoftware.com
Launch: Grant Narrows. On the water: 8am Paddle Pitt Lake north to Goose Island and then on to the waterfall. Cross over to Little Goose Island and return on the eastern shoreline. Participants must be comfortable paddling in strong wind and have the endurance for a full-day outing. Return by 4pm. Distance 16 nm. Drysuit or wetsuit required. Sign up by Wednesday, May 20 and include your float plan information.			



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MAY Trips

Sunday May 24	2A	Ladner Marsh	Facilitator: Brenda Viala brenda.bjboo@gmail.com
Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 10am Join us for a relaxing paddle within Ladner Reach. Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. Wetsuit or drysuit required. Tides - Low - 7:11am - 7.9' High 12:07 pm 10.5' Sign up by Wednesday, May 20 and include your float plan information.			
Wednesday-Sunday May 27-31	2B-3C	Galiano Island Montague Harbour Marine Park	Facilitator: John Bakker jbakker042@gmail.com
"Car camping" trip based from Montague Harbour Marine Park. Day paddles will go to Wallace Island, Parker Island and Dionisio Pt. Park. Playing in the currents in Porlier pass is also an option. Campground reservations available February 27, 2026 and are expected to sell out quickly. Wednesday May 24: travel day; direct ferries leave Tsawwassen 10:25AM and 7:30PM Thursday - Saturday: explore the area. Sunday travel day: direct ferry leaves Sturdies Bay 8:20am and 3:40pm Wetsuit or drysuit required. Sign up by Friday, May 1 and include your float plan information.			



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JUNE Trips

**Monday-
Tuesday**

June

1-9

**2B-
3D**

**Broken Islands Group
Camping and Lodge**

Facilitator: Bruce Fisher
brufish2@gmail.com

Co-facilitator: Doug Childress

The Broken Islands Lodge sits just outside the boundaries of Pacific Rim National Park. You can see all that the lodge has to offer here:

www.brokenislandslodge.com. Comfortable accommodation, showers, hospitable hosts, and all meals included (breakfast, dinner, packed lunch).

Monday, June 1 to Secret Beach Campground

Tuesday, June 2 Secret Beach to camp Willis I or Clarke I

Wednesday, June 3 camp Willis I or Clarke I

Thursday, June 4 camp Willis I or Clarke I

Friday, June 5 paddle from Willis I or Clarke I to BGI Lodge

Saturday, June 6 Lodge

Sunday, June 7 Lodge

Monday, June 8 Lodge

Tuesday, June 9 paddle from Lodge to Secret Beach

Costs

Approximately \$1000.00 per person for 4 nights at the lodge with meals, depending on whether you are on your own or sharing a room.

Approximately \$60.00 per person for BGI camp fees and National Park fees.

Approximately \$25.00 per person for Secret Beach camping on night 1.

Once your spot is confirmed by the facilitator, e-Transfer \$500 to the facilitator at the email address above before the end of January. Once paid, your place is secured for this trip.

Maximum 8 paddlers. Wetsuit or drysuit required.

Sign up by Thursday, January 15 and include your float plan information.

**Sunday
June**

7

3C

**Tunstall Bay to Pasley
Islands**

Facilitator: Ted Lam
tedlam1011@gmail.com

CANCELLED

Launch: Tunstall Bay, Bowen Island. On the water: 9am.

Launch time to be adjusted by BC Ferries timetable closer to trip date. Launch from Tunstall Bay, paddle around Pasley Islands. Bring lunch and water. Prepare for challenging sea conditions (rough waves, swell, high wind at times), intermediate level, assisted rescue ability a must.

Drysuit or wetsuit required. Distance 11 nautical miles. Back by 4pm.

Sign up by Sunday, May 31 and include your float plan information.



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JUNE Trips

Monday June 8	1B	Alouette River World Oceans Day Canadian Rivers Day	Facilitator: John Halliday johall88@telus.net
Launch: Harris Road bridge, Pitt Meadows. On the water: 10am. Paddle the Alouette River south arm. Bring garbage bags to help to clean up the waterway. Wetsuit or drysuit may be required. Distance less than 10 nautical miles. Sign up by Thursday, June 4 and include your float plan information.			
Saturday June 13	1A	PIKA Paddle and Picnic Hayward Lake	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
Launch: Beach beside the boat launch. On the water: 10am. Lunch: 12:30pm This annual PIKA paddle and picnic is always well attended! There is NO club meeting in June. Instead, we gather at Hayward Lake for a paddle round the lake followed by a picnic. You'll want to arrive early as Hayward Lake can get VERY busy. Plan for lunch around 12:30...bring your own! Someone needs to babysit the food/site, so if you have a partner that is a non-paddler who would enjoy relaxing on the beach while we play on/in the water, please let me know! Sign up by Sunday, June 7 and include your float plan information.			



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JUNE Trips

**Monday-
Friday**

3D

Central Coast

Facilitator: John Bakker
jbakker042@gmail.com

June

**22-
July**

3

Co-facilitator: Pat Jones

"This is a stunning part of the coast with abundant wildlife, white beaches and a deep history."

June 22 and July 3 are travel days to and from Port Hardy. The nights of June 22 and July 2 are spent in Port Hardy, necessary due to timing of ferry arrival/departure. We take the ferry from Port Hardy to Bella Bella and explore the island groups south and west of Bella Bella. Return ferry from Bella Bella to Port Hardy.

Final route and itinerary still to be decided and depends on the group and weather. It will be an expedition style trip and all paddlers taking part need to be able to paddle possible 20 nautical mile days. All necessary camping and safety gear, boats, equipment and paddlers should be in good condition! There will be a mandatory pre-trip meeting, date to be determined. Lots to be done ahead of trip.

Wetsuit or drysuit necessary. Maximum 6 people.

Sign up by January 31 and include your float plan information.

**Friday-
Tuesday**

2B

Kootenay Lake

Facilitator: Doug Childress
doug_childress@hotmail.com

June

**26-
July**

2

Co-facilitator: Michelle Vandebroek

June 26th and July 2nd are travel days, from Vancouver to Nelson the drive is approximately 8 hours via HWY 3. We are fortunate to be able to meet, then camp overlooking the West Arm of the lake in Nelson. We will launch in Balfour about 30 minutes from Nelson. The trip takes us along the west side of Kootenay lake with camping spots in Woodbury Creek, Kaslo, and Schroeder Creek, before reaching our final destination at Davis Creek or Lost Ledge provincial parks in the Lardeau area. Each leg will be approx. 15 to 20 km for a total of 60km. Having a shuttle vehicle in Lardeau will facilitate getting back to Balfour where most of the cars will be parked. By road the drive from Lardeau takes us back through Kaslo, and Ainsworth Hot Springs. Time permitting, we will have time to experience the hot springs which has a unique walk-through hot cave. For the night of July 1, we camp again in Nelson. Carpooling options from Vancouver permitting, participants may want to explore the Kootenay's in more detail are welcome to on their own after the kayaking ends. Kaslo and Nelson are beautiful towns with an abundance of history with quaint dining options.

Bring your camping gear, food, and drinks. Immersion gear is recommended and should be available, weather dependent. Don't forget your bathing suits.

Sign up by Friday, June 19 and include your float plan information.



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JULY Trips

Saturday July 11	2B	Cates Park to Twin Islands	Facilitator: Klaus Boedker klaus@leadandthrivewith.ai
Co-facilitator: Pat Jones Launch: Cates Park, North Vancouver. Paid parking available. On the water: 9am Come island-hopping in Indian Arm (Say Nuth Khaw Yum Park). This magnificent fjord is the heartland of the Tsleil-Waututh Nation, ("People of the Inlet"), and contains numerous archeological and spiritual sites. Starting at Cates Park, we cross to Boulder Island, and continue island-hopping until we reach Twin Islands for our lunch stop. For our return route, we cross to the western shore and island-hop down that side back to Cates. Approximately 10 NM. Expected return time is 2pm. Bring lunch, plenty of water. Wheels would be beneficial. Sign up by Tuesday, July 7 and include your float plan information.			
Sunday July 12	2B	Gulf Island Day Trip	Facilitator: James Jordan jjmjordan51@gmail.com
A day paddle from Village Bay on Mayne over to Roe Islet on North Pender. We wheel on the 7am ferry from Tsawwassen to make it a full day and a worthwhile trip. Pending BC Ferries scheduling. Walk-on reservations are required for this trip. Please sign up early and book your ferry reservation. Maximum 6 paddlers. Sign up by Saturday, May 30 and include your float plan information.			
Sunday July 19	2B	Crescent Beach to White Rock Beach	Facilitator: Brenda Viala brenda.bjboo@gmail.com
Launch: Target Street - South Surrey (Crescent Beach). On the water: 10am Paddle from Crescent Beach to White Rock Beach. Enjoy our packed lunch at White Rock Beach and paddle back to Crescent Beach. Bring a lunch and drink. Free parking on Target St. Arrive early to ensure parking (carpool if possible). Tides: High 8:52am - 11.5'. Low 2:43pm - 6.2' Sign up by Wednesday, July 13 and include your float plan information.			



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JULY Trips

Sunday-Thursday July 19-23	2B	Jedediah Island	Facilitator: Michelle Vandenbroek mich_broek@hotmail.com
Co-facilitator: Doug Childress			
Jedediah is a gorgeous island between Texada and Lasqueti. To get there we take a morning ferry to Langdale and a barge from Secret Cove to Jedediah. We will be camping near Home Bay and explore the area each day with paddles up to 10nm. The island has many trails to explore as an alternative option.			
The share of costs for the barge is \$160 per person. Payment by e-Transfer to the facilitator's email is required as soon as your registration is accepted. We will take an evening ferry back. Ferry reservations have been made and will be distributed to the drivers.			
Wetsuit or drysuit is required. Backcountry camping pass is required.			
Sign up by Sunday, July 5 and include your float plan information.			
Saturday July 25	3D	Bowen Island	Facilitator: Jonas Lindgren jonas@piccolosoftware.com
Launch: Batchelor Bay, West Vancouver. On the water: 7am.			
Cross over to Bowen Island, paddle around Bowen and cross Howe Sound a second time to return to Batchelor Bay. This is a trip for experienced paddlers only. Participants must be comfortable paddling in strong wind, high waves and have the endurance for a challenging full-day outing. Return by 4pm. Distance 19 nm.			
Drysuit or wetsuit required.			
Sign up by Tuesday, July 21 and include your float plan information.			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

AUGUST Trips

Friday-Sunday August 7-9	3B	Mayne to Prevost Island	Facilitator: John Bakker jbakker042@gmail.com
Friday: Wheel on a morning ferry, Tsawwassen to Mayne Island. Launch in Village Bay at the beach, paddle out to Enterprise reef and check for passing ferries before crossing over to Hawkins Island. From there, north along Prevost Island to James Bay where we set up camp. Distance 8km. Saturday: Circumnavigate Prevost Island, exploring inlets and islands on the west side. Sunday morning, we pack up camp and head over to Long Harbour, Saltspring Island for the return trip to Tsawwassen. Wetsuit or drysuit required. Sign up by Friday, July 31 and include your float plan information.			
Saturday August 15	3D	Gambier Island	Facilitator: Jonas Lindgren jonas@piccolosoftware.com
Launch: Porteau Cove. On the water: 8am. Cross over to the Defence Islands, follow the mainland south, cross over to Gambier, follow Gambier coastline south-east, lunch on Gambier, cross to Pam Rock, return to Porteau Cove. Participants must be able to paddle 18 nm in potentially challenging conditions with strong winds and high waves. Conditions can change quickly and do not always follow the official forecast. Drysuit or wetsuit required. Return by 4pm. Distance 18 nm. Sign up by Tuesday, August 11 and include your float plan information.			
Saturday August 29	3D	South Bowen Island	Facilitator: Philip Kubik philroku@gmail.com
Launch: Caulfeild Cove, West Vancouver. On the water: 9am. Caulfeild Cove to Cape Roger Curtis on Bowen I. and back. 16 nm. Scenic paddling along south shore of Bowen I. Wetsuit or drysuit required. Bring water and lunch. Sign up by Wednesday, August 26 and include your float plan information.			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

SEPTEMBER Trips

Monday September 7	3D	Fraser River Hope to Chilliwack	Facilitator: Sonny Zlotnik zlotnik_sonny@hotmail.com
We launch at Hope. The paddle is 6 hours and 34 miles or just over 50 km long. Expect fast-moving currents and whirlpools. We arrive at Chilliwack at 3pm. A vehicle shuttle will be arranged. Bring a lunch and a drink. Drysuit or wetsuit required. Sign up by Monday August 31 and include your float plan information.			
Wednesday- Monday September 9-14	2B-3C	Hornby Island	Facilitator: Bruce Fisher brufish2@gmail.com
Co-facilitator: Brent Vernon. The trip commences on Wednesday evening at Bradsdadsland campground on Hornby Island, where we stay until Monday morning. Picturesque Hornby and Denman Islands are just off the east coast of Vancouver Island near Comox. Depending on weather and proclivities of the paddlers, we plan each day's activities the night preceding paddles. Approximately \$200 per person for camping on Hornby at Bradsdadsland private campground. Once your spot is confirmed by the facilitator, e-Transfer \$200 to the facilitator at the email address above before the end of January. Once paid, your place is secured for this trip. Wetsuit or drysuit required. Maximum 8 paddlers. Planning meeting in July. Sign up by Monday, July 1 and include your float plan information.			
Wednesday- Monday September 16-21	2B-3D	Tofino	Contact: Sonny Zlotnik zlotnik_sonny@hotmail.com
Tofino is a fun weekend that on every day there is different paddle options. We camp at the Surf Junction campground. Everyone makes their own reservations. On Thursday we have a surf clinic that everyone attends. See the September 17 section in Training for details. Friday through Sunday are paddle days. The night before each day we meet and set up the paddles. We paddle in the area from Ucluelet to Tofino. If you are a facilitator, you can present a paddle idea and lead a paddle to your ability. Wet suit or dry suit mandatory. You need a helmet for surfing and the rock gardening. Sign up by Wednesday September 9 and include your float plan information			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

SEPTEMBER Trips

Friday-Sunday September 25-27	2C	Pitt Lake to Osprey Campsite	Facilitator: Doug Childress doug_childress@hotmail.com
Launch: Grant Narrows. On the water: 10am. Osprey is a beautiful campsite with a scenic paddle on one of the world's largest tidal lakes. There is a \$10 fee/night for overnight parking. Friday: depart Grant Narrows at 10am. Stop for lunch along the way. Distance to campsite is approx. 10 nautical miles. Pit toilet is available at the site as is fresh water. Saturday: conditions permitting, paddle to the north end of Pitt Lake, approx. 12 nautical miles return. Sunday: return with a stop at the falls, arriving at Grant Narrows by 3pm. Wetsuit or drysuit required as well as camping gear, food and drinks. Sign up by Monday September 21 and include your float plan information.			
Sunday September 27	3C	Anvil Island and Pam Rocks	Facilitator: Philip Kubik philroku@gmail.com
Launch: Porteau Cove Marine Park. On the water: 9am. Launch from boat ramp at Porteau Cove Marine Park. Circumnavigate Anvil I., Christie Its. and Pam Rocks. 14 nm. Often, many seals on Pam Rocks and birds on Christie Its. Wind and waves are common in Howe Sound. Few landing sites on most of Anvil I. Wetsuit or drysuit required. Bring water and lunch. Sign up by Wednesday, September 23 and include your float plan information.			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

OCTOBER Trips

Saturday October 3	2B	Brae Island to Kanaka Creek	Facilitator: Debbie Scott debbie6028@gmail.com
Launch: Brae Island Park, Fort Langley. On the water: 10am Paddle around the eastern tip of the island and cross Fraser River to Kanaka Creek and paddle up creek to a small park for a lunch break. Return on the west end of Brae Island. Length approximately 10 nautical miles. Return about 3pm Wetsuit or drysuit required. Sign up by Tuesday, September 29 and include your float plan information.			
Sunday October 4	3C	Tunstall Bay, Bowen Island to Brighton Beach, Gambier Island	Facilitator: John Bakker jbakker042@gmail.com
Drive on the ferry at Horseshoe Bay and across Bowen Island to Tunstall Bay; target 10:30 launch. Paddle along the Bowen shore and across to Brighton Beach for lunch. After lunch we proceed back via Keats Island to Tunstall. Total 13 nautical miles. Expected return 4:00 pm Ferry. Carpooling can be arranged 1 week before. Wetsuit or drysuit required. Sign up by Thursday, October 1 and include your float plan information.			
Sunday- Thursday October 11-15	3C	Quadra Island Surge Narrows	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
This is an opportunity to play in 6 to 8 knot currents in Surge Narrows. There are also lots of beautiful paddling destinations nearby. We stay in Discovery Lodge for the nights of Oct 11, 12, 13, and 14. We bring our own food and cook dinner in groups. Lunch and breakfast are individual. There are a large communal kitchen and a wonderful big living room with a fireplace. The beds are comfortable and the view is great. There are nearby trails to hike as well. Wetsuit or drysuit and helmet required. Cost is \$370 per person for the 4 nights at the lodge. (There has been an increase in cost from last year). Spots are limited. Once your spot is confirmed by the facilitator, e-Transfer \$370 to the facilitator at the email address above before the end of January (when I have to have it sent to the owners). Once paid, your place is secured for this trip.			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

OCTOBER Trips

Thursday-Sunday October 15-18	1A	Newcastle Island	Facilitator: James Jordan jjmjordan51@gmail.com
Wheel on the ferry at Horseshoe Bay and off at Departure Bay, Nanaimo. An easy paddle over to Newcastle to camp. Tour the island, track the elusive Kermodi raccoon and a bit of paddling to watch for sea lions and other critters, lunch one day at the Dinghy Dock pub. Maximum 6 paddlers. Sign up by Thursday, October 1 and include your float plan information.			
Saturday October 24	2B	Harrison River	Facilitator: John Bakker jbakker042@gmail.com
Meet before 9:30am at Kilby Park behind Kilby Museum, on the Harrison River. Shuttle from Kilby to Harrison Hot Springs. We double up boats at Kilby. Launch from the beach at Harrison Hot Springs. Lunch near Morris Creek and if there is time, a trip up Morris Creek. Landing: At Kilby, usually before 3pm. Re-shuttle to retrieve vehicles at Harrison. Organizing in advance for the shuttle is recommended. Bring extra capacity to transport kayaks if you can. Bring lunch, water, snacks. Sign up by Wednesday, October 21 and include your float plan information.			
Saturday October 31	1A	Buntzen Lake Halloween	Facilitator: John Bakker jbakker042@gmail.com
Launch: Buntzen Lake boat ramp. On the water: 10am. Let's have some fun and get dressed up! Paddle up the west side of the lake, exploring the shallows. Lunch at the far end. Wetsuit or drysuit required. Sign up by Tuesday, October 27 and include your float plan information.			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

NOVEMBER Trips

Sunday November 1	2C	Silver Falls	Facilitator: Philip Kubik philroku@gmail.com
Launch: Deep Cove Canoe and Kayak Centre, North Vancouver. On the water: 9:30am. Deep Cove to Silver Falls and back. 14 nm. Waterfalls and other attractions. Wetsuit or drysuit required. Bring water and lunch. Sign up by Wednesday, October 28 and include your float plan information.			
Sunday November 8	2B	Barnet to Deep Cove	Facilitator: James Jordan jjmjordan51@gmail.com
Launch: Barnet Marine Park. On the water: 10:30am. Paddle up Indian Arm to the end of Belcarra and over to Deep Cove. Donut run up to Honey's in Deep Cove optional. Wheels required. Sign up by Wednesday, November 4 and include your float plan information.			
Saturday November 14	2C	Dundarave to Whytecliff Park, West Vancouver	Facilitator: John Bakker jbakker042@gmail.com
Launch: Dundarave Park. On the water: 10am. We follow the shoreline past Lighthouse Park, stop for lunch at Whytecliff Park and return; total distance 13 nautical miles. Finish time 4 pm. Remember to bring a lunch and water. Wetsuit or drysuit required; expect cold conditions. Sign up by Thursday, November 11 and include your float plan information.			
Saturday November 21	1B	Hayward Lake	Facilitator: Bruce Fisher brufish2@gmail.com
Launch: beach beside the boat launch. On the water: 10am. There are washrooms at Hayward Lake launch and at our lunch beach farther down the lake. Paddle around the lake clockwise with many opportunities to practice edge and bow rudder turning around the semi-submerged stumps. Visit Hairsine Inlet and cross the lake for lunch at a sand beach with an outhouse. Bring a lunch and drink. Wetsuit or drysuit is required Sign up by Tuesday, November 17 and include your float plan information.			



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

DECEMBER Trips

Wednesday December	Christmas Party	Facilitator: Pat Jones 1roughcutdiamond@gmail.com
9	Information to be posted in the newsletter and updated in the calendar closer to the date. Elves needed.	
Sunday December	2B Ladner Paddle and Pub	Facilitator: Brenda Viala brenda.bjboo@gmail.com
20	Launch: Sharkey's, 4953 Chisholm Street in Ladner. On the water: 10am. Stop at this launch location to drop off your gear and park your vehicle in the large parking lot across the street. After our paddle we'll enjoy lunch at Speed's Pub, next door to Sharkey's. Wetsuit or drysuit required. Tides: Low 7:26am - 11.7'. High 12:48pm 14.8' Sign up by Wednesday, December 16 and include your float plan information.	

JANUARY 2027 Trip

Thursday January	2A	Deep Cove Penguin Plunge	Facilitator: we need one!
1	Information to be posted in the newsletter and updated in the calendar closer to the date → You must be a PIKA member for 2027 to participate in this trip.		



CLINICS and COURSES

The following pages describe the clinics and courses that are scheduled for 2026. Most are taught for PIKA members by instructors who are PIKA members.

Clinics are open to PIKA members only.

Courses are offered at a discounted cost for PIKA members. Non-members who want to take a Paddle Canada course must contact the instructor for course cost.

Re-entry Clinics for PIKA Members

Annual re-entry practice is a requirement to join any of PIKA's trips.

Re-entry clinics are scheduled in May and September (see following pages) to allow members to practice assisted and solo re-entries. Participation in a May re-entry clinic satisfies the PIKA annual requirements until May 31, 2027. Participation in the September re-entry clinic satisfies the PIKA annual requirements until Sept. 31, 2027.

There are 2 types of re-entry clinics: No Instruction and Full Program.

No Instruction clinics are for members who are competent with their re-entry skills and need no instruction. Participants practice a wet exit followed by a solo re-entry with a paddle float. Then, with a partner, practice an assisted re-entry. Any method is acceptable as there are a few methods.

Full Program clinics are for members who want instruction modelled on Paddle Canada re-entry and rescue clinics and which covers the latest re-entry techniques. After the instruction, participants practice re-entry skills with the help of an instructor if necessary.

For further information and answers to questions, contact: training@pikakayak.ca.

FEBRUARY clinics and courses

Saturday **Clinic: Facilitator Training**

Contact: Pat Jones
1roughcutdiamond@gmail.com

February

21

Location: Harmsworth Hall, Langley. Start: 10am. End: 2pm.

Instructors: Pat Jones, John Bakker

If you want to facilitate a PIKA trip, it is mandatory that you attend facilitator training every 2 years. We go over a lot of material including scenarios both actual and hypothetical. Plus meet up with your fellow facilitators.

Members who are interested in facilitating a trip in the future are welcome to attend. Please notify Pat Jones so that she can add you to the list.

Once you have completed this training session, you're ready to go ahead and add 1 or more trips to the trips calendar for 2026.

Bring a lunch and beverage mug. Coffee and tea are provided.

Prerequisite: You must be a PIKA member.

Sign up by Saturday, February 14.



MARCH clinics and courses

Saturday

Clinic: Replace and Repair Kayak Deck Lines

Contact: Doug Childress

doug_childress@hotmail.com

March

14

Location: Harmsworth Hall, 7170 232 Street, Langley.

Sessions: Morning session starts at 9am. Afternoon session starts at 1pm. Each session is 3 hours long. 7 kayaks per session.

Co-ordinator: Doug Childress. Coaches will be on hand to assist and to share ideas.

Objective: Replace, re-route deck lines, replace shock cord lines where solid lines are required, replace non-reflective lines with reflective lines, incorporate rescue handles (tubing) or minor rudder/skeg service. Several knots will be used to complete the task at hand. You may want to familiarize yourself with these knots: figure 8, stopper, double fisherman. A highwayman hitch will be covered in the event you want to familiarize yourself with a quick-release line.

Good deck rigging is the key to a successful re-entry after a capsize. See our article on recommended deck line rigging: <https://pikakayak.ca/deck-lines/>

Material on hand: 6mm reflective deck line, 5 mm shock cord (bungee). handle tubing. Some minor tools, cord cutting, end sealing lighters and heating iron, knives, silicon lubricant spray. The club orders the materials in quantity. The material is charged by the foot at cost.

Bring: your kayak, foam cradle to keep the kayak on the table, lighter, cord cutter/knife, needle nose pliers, tape measure or any minor tools you may require for your particular needs and cash. Special tools will be available. If you require lunch or snacks please bring them with you. There is a White Spot restaurant in the Chevron station across the street.

Cost: \$10 per boat payable on registration with Doug. The cost of material is payable by cash at the clinic. After confirmation of your registration from Doug, e-Transfer \$10 to treasurer@pikakayak.ca. Be sure to include the words "deck line clinic" and your name in the message.

Prerequisite: You must be a PIKA member.

Sign up by Saturday, March 7. **Please specify your first preference, either morning or afternoon.**⁴



MARCH clinics and courses

Saturday

Clinic: Spring Tune-up

Contact: Daryl Spencer
emailspencerdaryl@gmail.com

March

21

Spring is here and this clinic will help dust off the winter snow and get you ready for the paddling season!

After a quick warm-up paddle, we'll review and practice all of the paddling strokes that are taught in Paddle Canada Level-2 so you can brush up on your skills. To keep it fun we'll do some games and challenges.

Following the paddle strokes clinic, we'll set up a course for doing some interval training to wake up your muscles to get ready for the paddling season ahead.

For folks who think it is too early in the season to be in the water, we can end there. For anyone interested in practicing rescues, re-entry and rolling, we can hang out and do that at the end.

Instructors: Daryl Spencer, Michelle Vandenbroek

Time & Location: 10am-1pm at Buntzen Lake

Prerequisite: You must be a PIKA member.

Clinic fee: \$10/person, payable at time of registration (no refund for cancellations)

E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Wetsuit or drysuit required. Maximum 8 students

Sign up by March 9 and include your float plan data.

Contact: Daryl Spencer (emailspencerdaryl@gmail.com)



APRIL clinics and courses

Thursday

Clinic: Weekday Rolling Series

Contact: Daryl Spencer
emailspencerdaryl@gmail.com

April

16

Most people find it beneficial to practice rolling several weeks in a row. Once you've done your first roll, reinforcing the technique so it stays with you is very important.

23

Come to this series of 3 clinics to either learn to roll, to work on refining your roll and making it more reliable, learning to roll on the other side, or learning additional rolling techniques.

30

This series is intended for people to attend all 3 sessions. If you're looking to attend only 1 session, please sign up for our 1-day rolling clinic on May 2.

Instructors: Daryl Spencer and Chessy Knight (with guest appearances by other PIKA rolling instructors)

Time and Location: 10am-1pm on the water at Sasamat Lake (White Pine Beach)

Prerequisite: You must be a PIKA member.

Cost: \$125 for the set of 3 sessions payable at time of registration (no refund for cancellations)

E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Equipment: Wetsuit or drysuit required. Nose plug, earplugs, surf hood and goggles recommended.

Deadline: Sign up by April 2.

Course size: Maximum 6 students.

Contact: Daryl Spencer at emailspencerdaryl@gmail.com

Saturday

Clinic: Trainers Symposium

Contact: training@pikakayak.ca

April

25

Location: Sasamat Lake White Pine Beach. Start: 9am

This symposium is for PIKA trainers to review their re-entry skills and work with the other trainers. Current trainers receive an invitation to attend. If you want to attend for the first time, contact training@pikakayak.ca.

After completing this symposium, you are required to assist with member re-entries or training this year. We need all the help we can get.

We cover the assisted and unassisted re-entries for PIKA members including how to deal with problems and techniques to help the member when they are doing their re-entries.

Prerequisite: You must be a PIKA member.

Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful.

MAY clinics and courses

Saturday

Clinic: Re-entries Sasamat Lake

Contact: training@pikakayak.ca

May

2

Launch: White Pine Beach, Sasamat Lake. On the water: 9am.

This is a [No Instruction clinic](#). Allow 1-1.5 hours to demonstrate your re-entries.

Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful.

Prerequisite: You must be a PIKA member.

Sign up by Saturday, April 25. Include your float plan data!

Saturday

Clinic: Rolling

Contact: Daryl Spencer

emailspencerdaryl@gmail.com

May

2

Whether you're a beginner who has never rolled before, want to practice to make your roll "bombproof", want to learn to roll on both sides, learn the storm roll or other advanced roll or are looking for some help with balance brace or sculling for support, come out to work on rolling your kayak!

Instructors: Daryl Spencer, Chessy Knight and Annelisa Pedersen

Location: White Pine Beach, Sasamat Lake

Time: We're splitting the session into two parts to be able to best help people with different goals:

- 9:30am-noon: intro to rolling for people who have never rolled before or don't have a solid roll on one side yet - max 2 students per instructor
- 12:30-2:30: advanced rolling for people with a solid roll who want to learn offside, forward finishing or other rolls, balance brace, sculling, etc. – max 3 students per instructor

Prerequisite: You must be a PIKA member.

Clinic Fee: \$50 payable at time of registration (no refund for cancellations)

E-transfer fees to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Equipment: Wetsuit or drysuit required. Nose plug, earplugs, surf hood and goggles recommended.

Deadline: Sign up by April 18.

Note: registration priority for this clinic will be given to people who are not signed up for the series of 3 clinics in April.

Contact: Daryl Spencer at emailspencerdaryl@gmail.com



MAY clinics and courses

Sunday

May

3

Clinic: Re-entries Sasamat Lake

Contact: training@pikakayak.ca

Launch: White Pine Beach, Sasamat Lake. On the water: 9am.

This is a [Full Program clinic](#). Allow 3 hours for instruction and re-entry practice.

Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful.

Prerequisite: You must be a PIKA member.

Sign up by Saturday, April 25. Include your float plan data!

Sunday

May

3

**Clinic: Paddle Canada Level 2
Preparation / Review**

Contact: Daryl Spencer
emailspencerdaryl@gmail.com

Are you thinking of signing up for a Paddle Canada Sea Kayak Level-2 Skills course but not sure if you're ready? Or perhaps you've taken your Paddle Canada Level-2 course a while ago and feeling rusty on some of the skills you learned?

Then this 1-day clinic is for you!

We'll spend the day focusing on the on-the-water skills that are covered in the PC L2 course. Areas covered include:

- boat control and turning strokes
- bracing
- rescues (solo and assisted)
- bow rescue (the skill that is the biggest barrier for many people seeking PC L2 certification)
- towing

These skills are covered in calm water so that you can learn/practice/refine the skills in a controlled environment before taking them into bigger conditions.

Instructors: Daryl Spencer, Bruce Fisher

Time & Location: 9am-5pm on the water at Barnet Marine Park

Prerequisite: Paddle Canada Sea Kayak Skills Level-1 or equivalent experience. You must be a PIKA member.

Cost: \$100/person, payable at time of registration (no refund for cancellations). E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Equipment: Wetsuit or drysuit required; goggles, nose plug and ear plugs recommended for bow rescue practice; tow belt required. Wheels.

Deadline: Sign up by April 18.

Clinic size: Maximum 6 students.

Contact: Daryl Spencer at emailspencerdaryl@gmail.com



MAY clinics and courses

Thursday-Sunday May 7-10	Course: Paddle Canada Sea Kayak Level-1 Instructor Certification Learn everything you need to know about teaching Paddle Canada's Level-1 Skills Certification Course in this 4-day course. Learn more about how to teach and how students learn. Know what to teach and how to teach it. Lots of practice time teaching skills. General admin knowledge Writing up teaching plans. Instructor: Mike Gilbert Location: Vanier Park, Vancouver. Prerequisite: Paddle Canada Sea Kayak Level-2 skills certification. Basic Instructor certification would help. Cost: PIKA members pay \$450+tax / instructor candidate. 50% at time of registration. Final 50% plus 5% GST (on total amount) due on or before 30 days prior to first day of course. Non-members contact Mike Gilbert for course cost. Pay by e-Transfer to mgilbert@pacanticriskmanagement.com. Further Information: Mike Gilbert at: mgilbert@pacanticriskmanagement.com	Contact: Mike Gilbert mgilbert@pacanticriskmanagement.com
Saturday May 9	Clinic: Re-entries Blackie Spit Launch: Blackie Spit in Crescent Beach. On the water: 9am. This is a Full Program clinic . Allow 3 hours for instruction and re-entry practice. Wetsuit or drysuit required. Park at Blackie Spit Park in Crescent Beach. Prerequisite: You must be a PIKA member. Sign up by Saturday, May 2. Include your float plan data	Contact: training@pikakayak.ca
Saturday May 9	Clinic: Re-entries Rolley Lake Park Launch: Rolley Lake Park. On the water: 9am. This is a Full Program clinic . Allow 3 hours for instruction and re-entry practice. Wetsuit or drysuit required. Park in the Day Use area. Prerequisite: You must be a PIKA member. Sign up by Saturday, May 2. Include your float plan data	Contact: training@pikakayak.ca



MAY clinics and courses

**Saturday-
Sunday**

May

9-10

Course: Paddle Canada Sea Kayak Level-1 Skills Certification

Contact: Troy Horne
horne.troy13@gmail.com

Building on the information covered in Basic Skills, Sea Kayak Level-1 Skills is a two-day course that moves participants beyond flat water kayaking and into the sport of sea kayaking.

The course is conducted in slightly rougher water than Basic Kayak, aiming to develop the paddler's comfort. There is a strong focus on re-entry techniques as well as the skills required to safely plan and execute a day trip with friends (for example, navigation and route planning, weather interpretation, proper clothing/gear.)

Upon successful completion of the course, the student will be able to paddle confidently in class-1 conditions in the company of one or more paddlers with similar skills or knowledge. The paddler should be self-reliant yet an asset to the group and an active participant, willing and able to assist others if they need assistance.

Course Water Class: This course runs in Class-1 conditions which are described as: non-challenging waters with mild wind effect (0-20 km/h or 0-11 knots), little or no current (0-1 km/h or 0-0.5 knots), uninterrupted easy landing options, and ready access to land-based assistance. Sea state is calm to light chop.

Course Topics - what you will learn...

Re-entry skills: unassisted re-entry, assisted re-entry, towing.

Paddling skills: launching and landing, forward and reverse strokes, stopping, sweep stroke, draw stroke, low brace, stern rudder, edge control.

Knowledge: equipment and equipment care, route planning and basic navigation techniques, half day kayak journey, weather, sea state, risk assessment and mitigation, cold issues and sun safety, impact of kayakers on the environment, history and heritage, vehicle boat tie down, kayaking community and resources.

Instructors: Troy Horne and Bruce Fisher, Paddle Canada Instructor Trainers

Locations: Sasamat Lake and Barnet Marine Park

Duration: 2 full days. Maximum 6 students.

Prerequisites

Certification: Paddle Canada Basic Kayak Skills certification or equivalent skill and knowledge at the discretion of the course instructor.

Paddling experience: 5 kayaking excursions (2 or 3 hours) in class-0 conditions, can execute a controlled wet exit in class-0 conditions, can perform a simple assisted re-entry in class-0 conditions.

Cost: PIKA member price \$125. (50% discount from regular \$250). 50% at time of registration, 50% on or before April 9, 2026. Non-members contact Troy Horne for course cost. Payment by e-Transfer to brufish2@gmail.com. Be sure to provide your name and the clinic.

Contact: Troy at horne.troy13@gmail.com



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

MAY clinics and courses

Saturday May 16	Clinic: Re-entries Sasamat Lake Launch: White Pine Beach, Sasamat Lake. On the water: 9am. This is a No Instruction clinic . Allow 1-1.5 hours to demonstrate your re-entries. Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful. Prerequisite: You must be a PIKA member. Sign up by Saturday, May 9. Include your float plan data!	Contact: training@pikakayak.ca
Sunday May 17	Clinic: Re-entries Sasamat Lake Launch: White Pine Beach, Sasamat Lake. On the water: 9am. This is a Full Program clinic . Allow 3 hours for instruction and re-entry practice. Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful. Prerequisite: You must be a PIKA member. Sign up by Saturday, May 9. Include your float plan data!	Contact: training@pikakayak.ca
Sunday May 24	Clinic: Re-entries Sasamat Lake Launch: White Pine Beach, Sasamat Lake. On the water: 9am. This is a No Instruction clinic . Allow 1-1.5 hours to demonstrate your re-entries. Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful. Prerequisite: You must be a PIKA member. Sign up by Saturday, May 16. Include your float plan data!	Contact: training@pikakayak.ca



MAY clinics and courses

Sunday
Friday

May

24-

29

**Course: Paddle Canada Sea Kayak
Level-3 Skills Certification**

Contact: Mike Gilbert
mgilbert@pacanticriskmanagement.com

Includes: All skills to be demonstrated in Level-3 waters. Advanced paddle skills. Advanced rescues including scenarios. Advanced knowledge of tides, currents, navigation, risk management and leadership.

For certification you must: have a consistent roll, be able to do a re-entry and roll and demonstrate rolling while towing someone, releasing the tow (while upside down underwater) and rolling up.

Instructor: Mike Gilbert

Location: Deer Group (west of Bamfield, BC.)

Duration: 6 days/5 nights

Prerequisite: For advanced kayakers. *Certification:* Sea Kayak Level-2 Skills.

Cost: PIKA members pay \$550 + tax. 50% at time of registration. Final 50% plus 5% GST (on total amount) due on or before 30 days prior to first day of course. Non-members contact Mike Gilbert for course cost. Pay by e-Transfer to mgilbert@pacanticriskmanagement.com.

Further Information: Mike Gilbert at: mgilbert@pacanticriskmanagement.com



PACIFIC INTERNATIONAL KAYAK ASSOCIATION

2026 TRIPS and TRAINING CALENDAR

Saturday

May

30

Clinic: Bombproof Your Roll!

Contact: Daryl Spencer
emailspencerdaryl@gmail.com

If you push your limits in dynamic water, you will eventually (or maybe quite quickly!) end up upside down. A wet-exit and re-entry is an essential backup skill to have, but let's be honest – swimming can be tiring and scary. Why not conserve energy and look cool at the same time with your bombproof roll in gnarly conditions?

You want to know you can roll up reliably when you're caught off guard by a rogue wave, a surprise whirlpool or boil, or you blow your approach to the surf wave at Surge or Skook.

This clinic will give you tools to take your flat-water roll and develop it into a bombproof roll for dynamic water!

The clinic will be in calm water, but we will discuss and practice both flat-water drills to get you ready for dynamic water as well as a give you a progression of drills you can implement in dynamic water to gradually increase your confidence.

Instructors: Daryl Spencer and Chessy Knight

Time & Location: 10am-1pm on the water at Eagle Harbour

Prerequisite: a reliable flat-water roll on one side. You must be a PIKA member.

Cost: \$75 payable at time of registration (no refund for cancellations). E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Equipment: Wetsuit or drysuit required. Nose plug, earplugs, and surf hood recommended.

Deadline: Sign up by May 23.

Clinic size: Maximum 8 students. Students will work in pairs or groups of 3 on the water so if you have someone you want to learn with, have them sign up too! Otherwise, we can pair you up at the clinic.

Contact: Daryl Spencer at emailspencerdaryl@gmail.com



JUNE clinics and courses

**Friday-
Sunday**

June

5-7

**Course: Paddle Canada Sea Kayak
Basic Instructor Certification**

Contact: Mike Gilbert
mgilbert@pacanticriskmanagement.com

Learn about what it takes to be a Paddle Canada Instructor. How do you teach? What do you teach? Knowing how your students learn. Administration requirements. Lots of practice teaching - tricks and technique.

Instructor: Mike Gilbert

Location: Vanier Park, Vancouver.

Prerequisite: Paddle Canada Sea kayak Level-1 Skills certification.

Cost: PIKA members pay \$200 + tax. 50% at time of registration. Final 50% plus 5% GST (on total amount) due on or before 30 days prior to first day of course. Non-members contact Mike Gilbert for course cost. Pay by e-Transfer to mgilbert@pacanticriskmanagement.com.

Further Information: Mike Gilbert at: mgilbert@pacanticriskmanagement.com

**Saturday-
Sunday**

June

13-14

Course: Sea Kayak Rolling Instructor

Contact: Mike Gilbert
mgilbert@pacanticriskmanagement.com

Learn what techniques are needed to roll. Figuring out your initial approach with each student. Understanding sequences and timing. Addressing issues preventing a roll. Becoming knowledgeable about options. Each morning is spent learning and teaching each other. Each afternoon is spent teaching actual students who want to learn or improve their roll.

Instructor: Mike Gilbert

Location: Sasamat Lake. 2 days.

Prerequisite: competent and consistent roll on both sides.

Cost: PIKA members pay \$400 + tax. 50% at time of registration. Final 50% plus 5% GST (on total amount) due on or before 30 days prior to first day of course. Non-members contact Mike Gilbert for course cost. Pay by e-Transfer to mgilbert@pacanticriskmanagement.com.

Further Information: Mike Gilbert at: mgilbert@pacanticriskmanagement.com



JUNE clinics and courses

**Saturday-
Thursday**

June

**20-
25**

**Course: Paddle Canada Sea Kayak
Level-2 Skills and Basic Camping
Skills Certifications**

Contact: Mike Gilbert
mgilbert@pacanticriskmanagement.com

All skills to be practiced in Level-2 sea state. Learn Level-2 paddle skills. Learn Level-2 rescues (solo and assisted) - bow rescue is included. Learn Level-2 knowledge: tides, currents, dead reckoning, navigation and the use of your compass, risk mitigation, plus: become familiar with camp setup, putting up tent and tarps, knots and 7 back country rules. Get a clear understanding of camp safety, gear and how to use your gear. Cooking and hygiene are all part of it.

Instructor: Mike Gilbert

Location: Gulf Islands. 6 days/5 nights.

Prerequisite: Paddle Canada Level 1 Certification or comparable experience. No camping experience required (but it "would" be helpful).

Cost: PIKA members pay \$550 + tax. 50% at time of registration. Final 50% plus 5% GST (on total amount) due on or before 30 days prior to first day of course. Non-members contact Mike Gilbert for course cost. Pay by e-Transfer to mgilbert@pacanticriskmanagement.com.

Further Information: Mike Gilbert at: mgilbert@pacanticriskmanagement.com

**Saturday-
Sunday**

June

**27-
28**

**Course: Paddle Canada Sea Kayak
Level-1 Skills Certification**

Contact: Mike Gilbert
mgilbert@pacanticriskmanagement.com

All skills to be practiced in Level-1 sea state. Learn Level-1 paddle skills (tons of practice). Learn Level-1 rescues (solo and assisted) - looking at different options - wet exits are included as well. Learn Level-1 knowledge: tides, currents, reading and interpreting charts, risk mitigation.

Instructor: Mike Gilbert

Location: Vanier Park, Vancouver or Sasamat Lake.

Prerequisite: Paddle Canada Basic Kayak skills certification or comparable experience

Cost: PIKA members pay \$150 + tax. 50% at time of registration. Final 50% plus 5% GST (on total amount) due on or before 30 days prior to first day of course. Non-members contact Mike Gilbert for course cost. Pay by e-Transfer to mgilbert@pacanticriskmanagement.com.

Further Information: Mike Gilbert at: mgilbert@pacanticriskmanagement.com



JULY clinics and courses

Friday-Sunday

July

10-

12

Clinic: Currents – Mayne Island

Contact: Sonny Zlotnik
zlotnick_sonny@hotmail.com.

Classification: 2B-3D

We camp at Seal Beach on Mayne Island. Camping costs, dinner Saturday night and the currents course are included. You need to take care of your ferry travel.

Plan to take the early ferry on Friday. We paddle Friday. Friday evening is the currents theory course at Seal Beach. We will most likely order Pizza for Friday night, everyone chips in.

Saturday, we practice in the currents in Georgeson Pass for the beginner group. The experienced group play in Active Pass and Boat Pass. There is a possibility of paddling around Mayne Island which involves Active Pass and Georgeson Pass.

Sunday, we paddle all day, go to the pub for dinner and take the late ferry home.

Drysuit or wetsuit required. Helmet is mandatory.

Prerequisite: You must be a PIKA member.

Cost: \$180, includes camping for Friday and Saturday nights and dinner on Saturday night. Payable at time of registration. No refunds for cancellations.

How to register for this clinic:

1. Email Sonny to register.
2. Receive confirmation email from Sonny.
3. Immediately e-Transfer \$180 to zlotnick_sonny@hotmail.com. Be sure to include your name and name of clinic with the e-Transfer.

Further Information: zlotnick_sonny@hotmail.com

Friday-Monday

July

31-

August

3

Course: Paddle Canada Level-2 Sea Kayak Skills Certification

Contact: John Drent
jtrdrent@telus.net

For paddlers who are not interested in the camping component or the time and expense of ferry travel, this local Paddle Canada-certified course offers the full Level-2 curriculum with 4 days on the water at Lower Mainland locations where we can expect to find level-2 conditions.

Advanced directional control, blended strokes, maneuvering in waves and current, introduction to rolling, advanced re-entry and rescue techniques, navigation, tides, currents, weather. expedition behavior, risk assessment and leadership.

Wetsuit or drysuit required. Limited class size.

Instructors: John Drent, Doug Childress

Location: Howe Sound, Fraser River, Burrard Inlet.

Prerequisite: Paddle Canada Level-1 Sea kayak Skills or equivalent and permission of the instructor.

Cost: PIKA members pay \$400. 50% payable at time of registration, 50% on or before June 30, 2026. Non-members contact John Drent for course cost. Payment by e-Transfer to jtrdrent@telus.net

Further Information: John Drent at: jtrdrent@telus.net or Doug Childress at: doug_childress@hotmail.com



AUGUST clinics and courses

**Saturday-
Sunday**

August

15-16

Clinic: Advanced Rescues and Scenarios

Contact: Daryl Spencer
emailspencerdaryl@gmail.com

When things go wrong it is most likely to be in conditions that challenge us. Practicing rescues in calm water is great, but this clinic takes it to the next level and introduces complex rescue scenarios in dynamic water.

Over the course of this 2-day clinic we will refresh on basic rescue techniques in easy water and then increase the complexity and the sea state to give you experience with advanced rescues and complex scenarios in dynamic water.

You can expect to learn and practice various rescue techniques including dealing with injured, sick or unconscious paddlers as well as flooded hatches and damaged boats.

We will talk about some of the inherent hazards of performing rescues in dynamic conditions and how to mitigate the risk to yourself and others.

Everything in the clinic will be "challenge by choice" so if we find the edge of your comfort zone, you can tap out and learn by observing.

Instructors: Daryl Spencer and Caroline Ross (Crosscurrents Kayak – <https://crosscurrentskayak.ca>)

Time and Location: Final decision on location will be made a day or two before the clinic based on weather forecasts but we expect to be in Howe Sound (Porteau Cove, Eagle Harbour). The exact timing will be set closer to the clinic so we can adapt to the weather forecast and timing to get parking at our locations, but expect to be on the water for 4-5 hours each day.

Prerequisites: This clinic is suited for people comfortable in Paddle Canada Level-2 conditions (wind up to 19kts, sea state up to 1m). Contact the instructors if you're unsure if this clinic is right for you. You must be a PIKA member.

Clinic Fee: PIKA members pay \$200 for two days. \$100 deposit payable at time of registration (no refund for cancelations); balance due 2 weeks prior to the clinic)

E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Equipment: Wetsuit or drysuit, helmet and tow belt are required. (let us know if you need to borrow a helmet or tow belt).

Deadline: Sign up by August 1, 2026.

Course size: Maximum 6 students.

Contact: Daryl Spencer at emailspencerdaryl@gmail.com

SEPTEMBER clinics and courses

Saturday Clinic: Re-entries Sasamat Lake Contact: training@pikakayak.ca

September

12

Launch: White Pine Beach, Sasamat Lake. On the water: 9am.

This is a [Full Program clinic](#). Allow 3 hours for instruction and re-entry practice.

Wetsuit or drysuit required. Pay parking. Use Parking Lot F. Wheels are helpful.

Prerequisite: You must be a PIKA member.

Sign up by Saturday, September 5. Include your float plan data!

Saturday Clinic: Forward-finishing Rolling Contact: Daryl Spencer
emailspencerdaryl@gmail.com

September

12

You've learned the layback roll or the C to C roll and you're wondering what's next in your rolling progression?

This is a great time to diversify your rolling skills by learning a forward-finishing roll!

Forward-finishing rolls are a class of rolls that allow you to finish the roll with your head forward on the deck of your kayak; these give you higher stability in dynamic water and better protection of your head in shallow water while diversifying your rolling skills to make your roll more reliable in complex situations.

The “storm roll” and the “reverse sweep roll” are the most common examples of a forward finishing roll.

This clinic will focus on fundamentals to learn the leg drive mechanics for a forward-finishing roll and then move through a number of drills toward completing your first complete forward-finishing roll.

Instructors: Daryl Spencer, Chessy Knight and Annelisa Pedersen

Time and Location: 10am-2pm Eagle Harbour

Prerequisite: ability to roll. You must be a PIKA member.

Clinic Fee: \$75 payable at time of registration (no refund for cancellations)

E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Equipment: Wetsuit or drysuit required. Nose plug, earplugs, surf hood and goggles recommended.

Deadline: Sign up by Friday, September 4.



SEPTEMBER clinics and courses

Thursday
September

17

Clinic: Paddling Safely in Surf

Contact: John Drent
jtrdrent@telus.net

This free clinic is mandatory for all PIKA paddlers participating in the Tofino trip.

This clinic is done in conjunction with the Tofino trip. Please sign up for both.

We cover launching and landing techniques, paddling through breakers and swell, turning in wind and waves, boat control in the surf zone, bracing, wet exits and rescues in the surf and rolling in surf for our more experienced paddlers. We'll be on a gently-sloped sandy beach and looking for low to moderate swell for this clinic. This clinic is a great introduction to outer coast paddling and good practice for our more experienced paddlers. A second day of surf practice is optional for those who just can't get enough. Wetsuit or drysuit and helmet required.

Prerequisite: You must be a PIKA member.

Sign up by Sunday, September 13.



OCTOBER clinics and courses

**Wednesday-
Monday**

October

7-12

**Course: Paddle Canada Level-3 Skills
(Dual Location)**

Contact: Daryl Spencer
emailspencerdaryl@gmail.com

Push your skills and knowledge to the next level with a shoulder-season Paddle Canada Level 3 course. We begin in the Deer Group, spending four days playing in a world-class rock-gardening environment and seeking out surf to sharpen our skills in swell from the open Pacific Ocean. Along the way, we'll develop navigation, leadership, risk management and trip-planning skills essential for coastal touring.

From there, we head to Surge Narrows, exploring dynamic water in tidal currents. Here, the focus shifts to eddy turns, attainments, rescues, and point-to-point navigation in current, while refining our ability to plan routes and timings in a complex tidal environment.

The skills you learn and refine during Paddle Canada Level 3 are designed to build real confidence and competence for safe, effective touring in coastal conditions.

For more information on the course curriculum, see the Paddle Canada site:

<https://manuals.paddlecanada.com/seakayak/sea-kayak-level-3-skills/>

Instructor: Daryl Spencer (under mentorship from Amber Champion)

Prerequisites: Paddle Canada Level 2 Skills Certification; should have a reliable roll on one side.

Clinic Fee: \$650 for PIKA members. \$300 due at registration and the final \$350 due 4 weeks prior to the course. Non-members contact Daryl Spencer for course cost. E-transfer fees directly to Daryl Spencer at emailspencerdaryl@gmail.com (note: the word "email" is part of the email address – be sure to include it!)

Deadline: Sign up by September 7, 2026.

Contact: Daryl Spencer at emailspencerdaryl@gmail.com. if you have any questions or would like to discuss the course.



CALENDAR HISTORY

Date of Change	Description of Change
January 3, 2026	Original release
January 9	Added Clinic: Bombproof Your Roll! on May 30
January 31	Added Course: Paddle Canada L3 Skills on October 7-12
February 26	Added trip Cates Park to Twin Islands July 11 Rescheduled trip South Bowen I. to August 29
April 30	Rescheduled Alouette Lake trip to May 18
May 26	Cancelled Alouette Lake for Newbies June 13
June 3	Cancelled Tunstall Bay to Pasley Islands June 7
June 22	Added Clinic: Forward-finishing Rolling September 12